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# Phenotypic diversity of *Haemophilus influenzae* and *Haemophilus parainfluenzae* isolates depending on origin and health condition

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### ABSTRACT

**Background.** Haemophili are common human microbiota representatives. The aim of our study was to investigate a diversity of *Haemophilus* spp. isolates selected from clinical specimens on the basis of biochemical characteristics, biotypes distribution, protein profiles and antimicrobial resistance.

**Results.** A total of 893/1025 (87%) of haemophili isolates were identified: 260/1025 (25%) as *H. influenzae* and 633/1025 (62%) as *H. parainfluenzae*. Moreover, a group of 107/1025 (10%) isolates without species identification (with e.g. abnormal numerical profile) was described as *Haemophilus* spp. Within the *H. influenzae* isolates, biotypes II and III were in a great majority (92/893; 10%, each), whereas among *H. parainfluenzae*, the most commonly occurring was biotype I and II (301/893, 34% and 178/893, 20%, respectively). A similar prevalence of biotypes was obtained regardless of the patient's age or health condition or the type of specimen. A production of beta-lactamases was shown in 46/893 (5%) haemophili, both *H. influenzae* (13/46, 28%) and *H. parainfluenzae* (33/46, 72%) isolates.

On the basis of haemophili biochemical characteristics, the cluster analysis using the UPGMA method demonstrated a high degree of phenotypic similarity due to a small distances between isolates taken from both unhealthy children and adults.

**Conclusion.** Based on biochemical characteristics, about 90% of haemophili clinical isolates representing human-specific respiratory microbiota were positively identified as *H. influenzae* and *H. parainfluenzae*. The same differences in biotypes and antimicrobial resistance among isolates selected from healthy people or from patients with chronic and recurrent diseases were detected.

## INTRODUCTION

*Haemophilus influenzae* and *H. parainfluenzae* are an opportunistic and human-restricted microbiota representatives inhabiting the mucous membranes of the respiratory tract. These bacteria colonize the airways of people of all ages, both healthy and with different diseases [10].

The colonization of the respiratory mucous membranes (larynx, trachea, bronchi, lung) by different type of

microorganisms is a very dynamic process. Under favorable conditions (e.g. treatment or diagnostic procedures, immunodeficiencies), haemophili can damage the adjacent tissue and penetrate into the blood or central nervous system [18,30]. Other pathogenic species of these bacteria can colonize the nasopharynx in a transitional period. The bacterial respiratory microbiota composition, both the permanent and transient, is conditioned by the characteristics of the host-individual, as well as by the bacterial mode of life and environment [30,48].

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The first *Haemophilus* spp. bacteria appear as asymptomatic colonization in the nasopharynx of most children at about three months of age. These include the pathogenic *H. influenzae* species. Children under six months of age rarely are the carriers of these bacteria, because of the presence of maternal antibodies protecting against them [10, 15,40,48]. However, such passive immunity obtained from the mother's milk does not last long, and 90% of all children >1 year of age are carriers of these bacteria. *H. influenzae* occurs in 3-5% of all children between 2 and 3 years of age, with the highest degree of colonization being within the respiratory tract mucous membranes. On the contrary, in adults, about 50% of all individuals are colonized with haemophili [10,30].

Studies from the late XX<sup>th</sup> century described many cases of *H. influenzae* and *H. parainfluenzae* being the etiologic factors of many invasive and non-invasive infections, especially in pediatric patients [31,52,51,54]. As members of the HACEK group (*Haemophilus* spp., *Aggregatibacter* spp., *Cardiobacterium hominis*, *Eikenella corrodens*, and *Kingella* spp.) [46] or human specific pathogens [5,12], some haemophili may be an important etiologic factors in many local and invasive infections. Both *H. influenzae* and the less common *H. parainfluenzae* can cause pharyngitis and tonsillitis, otitis, sinusitis, epiglottitis, meningitis, bronchitis, sepsis or bacterial endocarditis [32,45,55]. They are also frequently identified in chronic obstructive pulmonary disease (COPD) and even in acute septic arthritis or osteoarthritis [6,9,17,18,21,38,55]. Currently, *H. parainfluenzae* is more commonly recognized as an opportunistic pathogen rather than a normal inhabitant [10], especially according to its increased resistance to beta-lactams [11].

A traditional and routinely used biochemical identification of haemophili is essential [35], but in about 1-10% of cases, the current approaches fail [12,26,42]. However, studies on *Haemophilus* species have revealed some relatedness between biochemical characteristics, especially with regard to biotypes, and the diseases that have arisen as a consequence of the bacterial colonization.

The aim of this study was to compare the phenotypic diversity of *H. influenzae* and *H. parainfluenzae* as collected from a large group of patients with acute or chronic and recurrent diseases and from healthy people, with regard to the biochemical characteristics, distribution of biotypes and antimicrobials resistance.

## MATERIALS AND METHODS

### 1. Bacterial strains

The study involved a total number of 1025 haemophili isolates taken from various clinical specimens (Table 1), and collected in a museum of the Department of Pharmaceutical Microbiology with Laboratory for Microbiological Diagnostics, at the Medical University of Lublin, Poland. All isolates were divided into two separate groups. The first group included 445 isolates collected from patients comprising of children aged 2-5 years old with upper respiratory tract infections who had undergone adenoidectomy for recurrent pharyngotonsillitis [23]; cystic-fibrosis-positive children aged on average, of 9.97 years [27]; elderly patients

with sarcoidosis [24] and with chronic hepatitis C [22], as well as elderly patients with lung cancer [25]. A second group comprising of 580 isolates taken from healthy people (children in the age of 2-13 years old, as well as adults) served as a control group. *H. influenzae* and *H. parainfluenzae*, two human-restricted haemophili species with the greatest prevalence and clinical significance were taken into analysis. The research also included four reference strains of *Haemophilus* spp. from the American Type Culture Collection (ATCC): *H. influenzae* ATCC 10211, *H. parainfluenzae* ATCC 33392, *H. parainfluenzae* ATCC 51505 and additionally *H. parainfluenzae* ATCC 7901 (recently reclassified into *Aggregatibacter aphrophilus*) [36].

**Table 1.** The sources of *H. influenzae* and *H. parainfluenzae* isolates

The origin of isolates		No. of isolates
<b>Group of patients</b>		n=445
pediatric patients (n=150)	recurrent respiratory tract infections	139
	cystic-fibrosis	11
adult patients (n=295)	upper respiratory tract infections	27
	lung cancer	26
	sarcoidosis	198
	viral hepatitis C	44
<b>Group of healthy people</b>		n=580
children of pre- and primary school age		277
adults		303
<b>Total</b>		1025

Before performing the research, isolates were frozen at -70°C in trypticase soy broth (TSB, BioRad, USA), with the addition of the Haemophilus Test Medium Supplement (HTMS, Oxoid, UK) and 30% glycerol (v/v; POCH, Poland). Then, all isolates were cultured on *Haemophilus* Chocolate Agar (HAEM, bioMérieux, France) and incubated overnight at 35°C in an atmosphere of 5% CO<sub>2</sub>.

### 2. Biochemical identification of isolates

Biochemical identification was carried out using the commercially available API NH microtests (bioMérieux, France) for *Neisseria* spp., *Haemophilus* spp. and *Moraxella catarrhalis*, and the results were interpreted following the manufacturer's instructions. The composition of API NH strips verified the following 12 biochemical features: the fermentation of the sugars: D-glucose, D-fructose, D-maltose and D-saccharose; the activity of the bacterial enzymes: ornithine decarboxylase, urease, lipase, alkaline phosphatase, β-galactosidase, proline arylamidase, γ-glutamyl transferase and tryptophanase. The results were obtained as a numerical profile, using the tables attached by the manufacturer. This method enabled *H. influenzae* and *H. parainfluenzae* to be categorized into eight biotypes (I-VIII), on the basis of urease (URE) and ornithine decarboxylase (ODC) activity, and the ability of the studied isolates to convert tryptophan into indole (IND), according to the classification of Kilian [20]. Additionally, the isolated bacteria were tested for the presence of penicillinase in a separate microtest (PEN), which was confirmed by the rapid cefinase test (CEF-F;

bioMérieux, France), in compliance with the Clinical and Laboratory Standards Institute (CLSI) recommendations [7].

Furthermore, for isolates misidentified or representing abnormal numerical profile and unidentifiable in above-mentioned method, a presumptive verification by the matrix assisted laser desorption ionization-time of flight mass spectrometry (MALDI-TOF MS) system (Bruker Daltonik, Germany) was performed, according to the modified technique [27]. In this method isolates were identified on the basis of protein specific mass spectra comparing with reference spectra from the integrated database. The following reference strains were included: *H. influenzae* besSt30 THL, *H. parainfluenzae* 21086307 MLD, *H. parainfluenzae* DSM 8978T DSM, *H. parainfluenzae* VP 58646 BOM, *H. parainfluenzae* VP 58974 BOM, and *H. parainfluenzae* VP 59143 BOM. A value indicating correct identification using MALDI TOF MS was  $> 2.000$ . Scores ranging from 2.000–2.299 – provided a secure genus identification and probable species identification, and in the range of 2.300–3.000 – demonstrated high probable species identification [26].

### 3. Analysis of phenotypic haemophili diversity

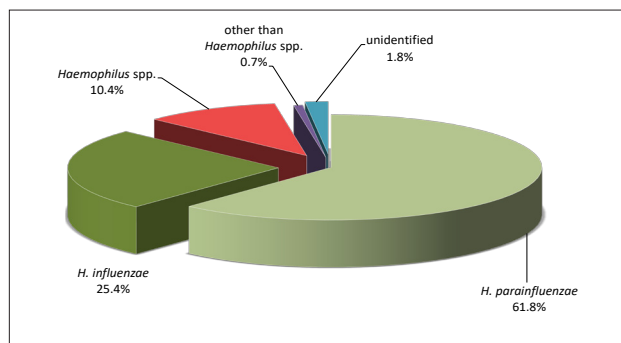
The biochemical characteristics were presented in a binary system, where 0 and 1 elements were classified as a negative and positive results, respectively. A (0-1)-matrix allowed the evaluation of the similarity matrixes computed via the Dice's coefficient and through phenotypic similarities between isolates. Phenotypic similarity analysis was performed with the data set of 260 *H. influenzae* and 633 *H. parainfluenzae* morphological characters. Four ATCC *Haemophilus* spp. strains were used as a reference group. The similarity matrix on the basis of the Dice indices (Sørensen-Dice index) allowed a detailed cluster analysis of the various phenotypes by way of utilizing the unweighted pair group method allied with the arithmetic average (UPGMA) method. Phenotypic diversity and the bootstrap analysis of 100 resamplings were calculated using the software package DendroUPGMA tool [14]. Phenograms were constructed using the TreeView 1.6.6 application [39].

## RESULTS

### 1. Haemophili isolates identification

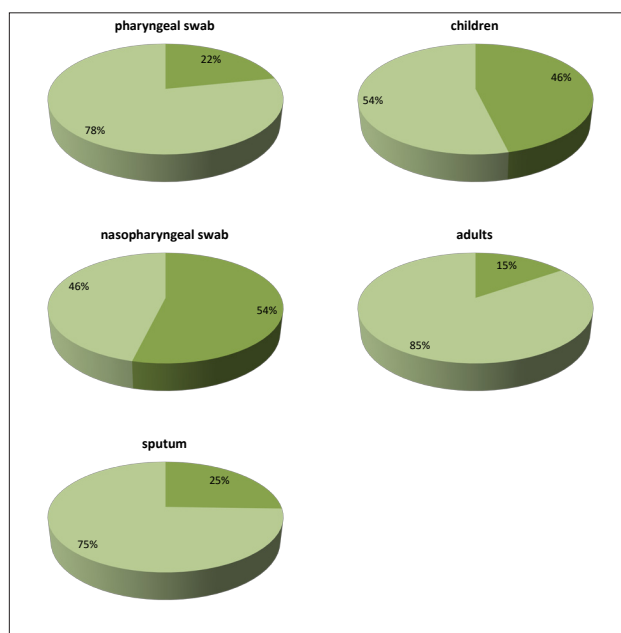
As a result of biochemical and protein profiles detection, a total of 893/1025 (87%) of haemophili isolates were positively identified to the species level. The majority of isolates were *H. influenzae* (260/1025, 25.4%) and *H. parainfluenzae* (633/1025, 61.8%) (Figure 1).

The biochemical identification of 132/1025 (12.9%) isolates failed, and such bacteria isolates were considered as being either misidentified, representing abnormal numerical profiles or were not identifiable by way of this method. Hence, on the basis of the specific profiles for bacteria proteins, among the non-identified isolates, 7/1025 (0.7%) were found to not belong to the *Haemophilus* genus and 18/1025 (1.8%) were not positively identified at all. These misidentified microorganisms were discarded from further analysis. A group of 107/1025 (10.4%) isolates was thus recognized by protein profile as other *Haemophilus* spp., with a score  $< 2.000$ .



**Figure 1.** Identification results of bacterial isolates growing on the chocolate agar (HAEM medium) detected on the basis of biochemical characteristics and protein profiles

As regards the diversity of specimens used in our study (Figure 2), it was found that among isolates taken from the nasopharynx, *H. influenzae* was identified with a greater frequency than *H. parainfluenzae* (99/184, 53.8% vs. 85/184, 46.1%). However, *H. parainfluenzae* was isolated more frequently within isolates taken from pharyngeal swabs and sputum (472/603, 78.2% and 76/102, 74.5%, respectively) in comparison to *H. influenzae* (131/603, 21.7% vs. 26/102, 25.4%, respectively). Furthermore, *H. parainfluenzae* was identified the most often through all isolates taken from both children and adults (214/398, 53.7% and 419/495, 84.6%, respectively), in contrast to *H. influenzae* (184/398, 46.2% and 76/495, 15.3%, respectively). Still, *H. influenzae* isolates were more common whether they were taken from children, both healthy and unhealthy, in comparison to those taken from adult patients. Among isolates taken from healthy children of preschool age, *H. influenzae* was identified with a frequency of 93/177 (52.5%).



**Figure 2.** Prevalence of *Haemophilus influenzae* (dark color) and *Haemophilus parainfluenzae* (light color) identification in various clinical specimens and groups of people

## 2. Distribution of biochemical characteristics

A distribution of biochemical characteristics of *H. influenzae* and *H. parainfluenzae* isolates was analyzed (Figure 3). All *H. influenzae* isolates showed glucose fermentation, while half revealed fructose fermentation. Other sugars (maltose and saccharose) were used by the studied isolates with a frequency of 15-18/260 (5.7-6.9%). As regards enzymes activities, no *H. influenzae* isolates possessed the lipase and the proline arylamidase activities. On the other hand, a secretion of urease was strongly dominant in 211/260 (81.1%) of the species isolates. As for the indole test, a positive reaction was observed in 135/260 (51.9%) *H. influenzae* strains.

The test of biochemical characteristics of *H. parainfluenzae* revealed that all isolates used glucose and most showed the fermentation of other sugars (fructose, maltose, saccharose) with a frequency of 583-623/633 (92.1-98.4%). The urease- and  $\beta$ -galactosidase-positives were 293/633 (46.2%) and 350/633 (55.2%) of all *H. parainfluenzae* isolates, respectively. Lipase and proline arylamidase were not disclosed in any of the *H. parainfluenzae*.

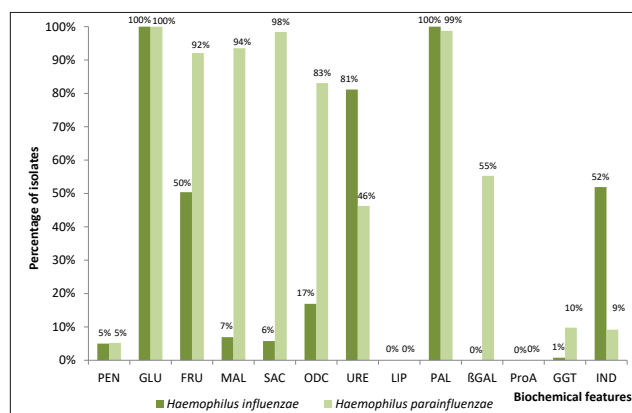


Figure 3. Biochemical characteristics of *Haemophilus influenzae* (n = 260) and *Haemophilus parainfluenzae* (n = 633) isolates

## 3. Distribution of haemophili biotypes

As shown in Table 2, within *H. influenzae* isolates, biotype II and III were dominant (92/893, 10.3%). These biotypes of *H. influenzae* were dominant both among

children and elderly people, independently to health conditions. Of note: an eight times higher frequency of *H. influenzae* biotype I was prevalent in unhealthy pediatric patients, compare to healthy children. Biotype II was dominant in healthy children and in adults independently to health conditions. The studied *H. parainfluenzae* isolates mostly belonged to biotype I and II (301/893, 33.7% and 178/893, 19.9%, respectively). Biotype I of *H. parainfluenzae* was the most frequent among healthy children and unhealthy adults (Table 2).

A distribution of haemophili biotypes was analyzed closely among isolates selected from pharyngeal swabs taken from pediatric patients and healthy children (Figure 4). Herein, a low diversity of *H. influenzae* biotypes (mainly II and III biotype) was observed in pharyngeal isolates taken from pediatric patients. Additionally, biotypes I, V, VI and VIII of this species were not detected at all. The biggest diversity of *H. influenzae* biotypes, as well as biotype II and III domination and the absence of biotypes V and VI, was seen among pharyngeal isolates from healthy children.

*H. parainfluenzae* commonly occurred in pharyngeal isolates from both pediatric patients and healthy children (Figure 4). Biotypes I and II, followed by biotypes III and IV, were in a majority, especially in isolates taken both from pediatric patients and in a much greater number of healthy children. Furthermore, among isolates from pediatric patients, biotypes V-VIII were missing.

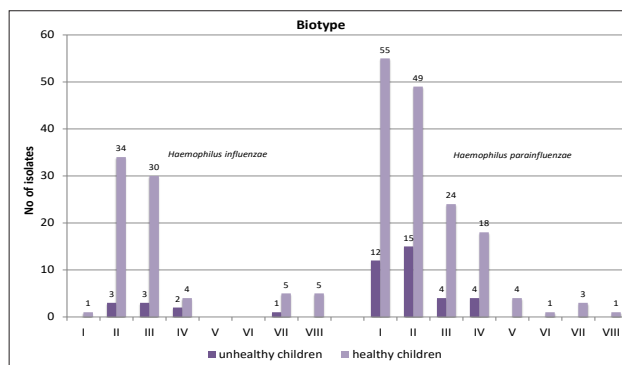


Figure 4. Distribution of haemophili biotypes among pharyngeal *Haemophilus influenzae* and *Haemophilus parainfluenzae* isolates taken from pediatric patients and healthy children

Table 2. Distribution of *Haemophilus influenzae* and *Haemophilus parainfluenzae* biotypes among isolates taken from children and adults

Species		No. of isolates																
		<i>H. influenzae</i> (n=260)								<i>H. parainfluenzae</i> (n=633)								
Biotype		I	II	III	IV	V	VI	VII	VIII	I	II	III	IV	V	VI	VII	VIII	
Expected reaction	ODC	+	-	-	+	+	+	-	-	+	+	-	+	-	+	-	-	
	URE	+	+	+	+	-	-	-	-	-	+	+	+	-	-	+	-	
	IND	+	+	-	-	+	-	+	-	-	-	-	+	-	+	-	+	
Group of people	children	unhealthy	19	27	25	3	8	-	4	-	19	22	9	6	-	1	-	-
		healthy	2	42	36	4	4	-	5	5	55	49	24	19	4	2	3	1
	adults	unhealthy	-	13	18	-	-	-	-	10	132	52	16	5	1	4	2	-
		healthy	2	10	13	-	1	1	1	7	95	55	24	6	18	4	1	4
<b>Total</b>		23	92	92	7	13	1	10	22	301	178	73	36	23	11	6	5	

Abbreviations: IND - indole, ODC - ornithine decarboxylase, URE - urease

A frequency of *H. influenzae* and *H. parainfluenzae* biotypes occurrence among haemophili isolates taken from healthy and unhealthy children and adults is presented in Table 3.

Among both the healthy and unhealthy, *H. influenzae* isolates classified as biotype II (52/260, 20.0% and 40/260, 15.3%, respectively) and III (49/260, 18.8% and 43/260, 16.5%, respectively) were dominant (Table 3). Among the isolates taken from sputum, biotype III, followed by biotype VIII, occurred the most (12/35, 34.3% vs. 8/35, 22.9%, respectively). Many isolates were observed in the nasopharyngeal swabs, with the most popular being biotypes II and III (24/86, 27.9% and 22/86, 25.5%, respectively).

Among the healthy and unhealthy, *H. parainfluenzae* isolates classified as biotype I (150/633, 23.6% and 151/633, 23.8%, respectively) and II (104/633, 16.4% and 74/633, 11.6%, respectively) were dominant (Table 3). These biotypes were the most frequent among isolates taken both from healthy children and adults. As revealed in Table 3, 143 *H. parainfluenzae* isolates taken from patients with sarcoidosis were assigned into at least 3 biotypes. Among 63/143 isolates taken from the nasopharynx and 72/143 isolates taken from sputum, biotypes I (35/63, 55.5% vs. 17/63, 26.9%) and II (53/72, 73.6% vs. 16/72, 22.2%) were dominant. What is more, biotype I was very common in pharyngeal *H. parainfluenzae* isolates taken from patients with viral hepatitis C (28/37, 75.7%), while biotype II was predominant among isolates taken from the throat (22/51, 43.1%) and nasopharyngeal swabs (7/20, 35.0%) of people with respiratory tract infections. Other biotypes occurred much less frequently.

#### 4. Beta-lactamase production

As is shown in Figure 5, in a total of 893 *H. influenzae* and *H. parainfluenzae* isolates, the production of beta-lactamase was detected in 46/893 (5.2%) isolates, using Pen and cefinase tests. This phenotype of antibiotic resistance was observed in 13/46 (28.3%) *H. influenzae* and 33/46 (71.7%) *H. parainfluenzae* isolates.

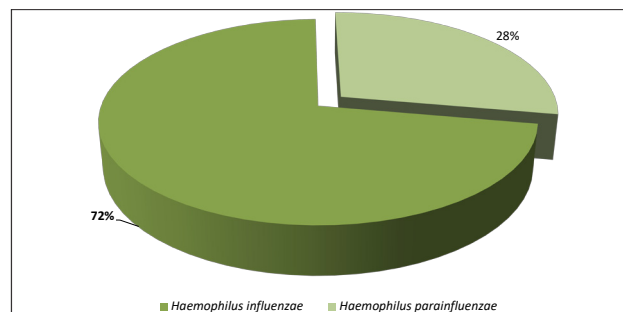
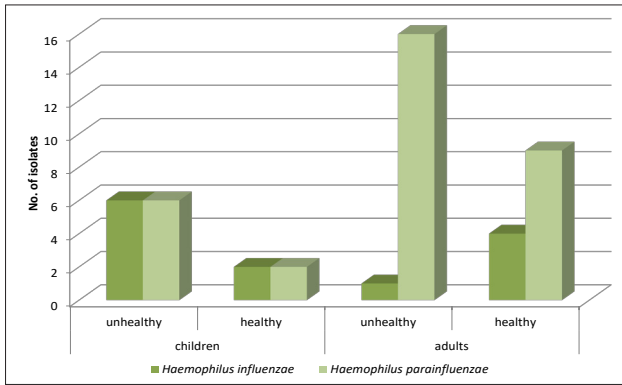


Figure 5. Prevalence of beta-lactamase-positive *Haemophilus influenzae* and *Haemophilus parainfluenzae* isolates

The production of beta-lactamases was analyzed through *H. influenzae* and *H. parainfluenzae* isolates taken from both adults and children, whether healthy or unhealthy (Figure 6). *H. influenzae* beta-lactamase producers included 6/13 (46.2%) isolates taken from children with respiratory infections and 1/13 (7.7%) isolate selected from an adult patient with respiratory tract infection. As is shown in Figure 6, 25/33 (75.7%) *H. parainfluenzae* beta-lactamase-positive isolates were drawn from adults, and 8/22 (24.2%) were obtained from children.

Table 3. Biotyping results within isolates of *Haemophilus influenzae* and *Haemophilus parainfluenzae*

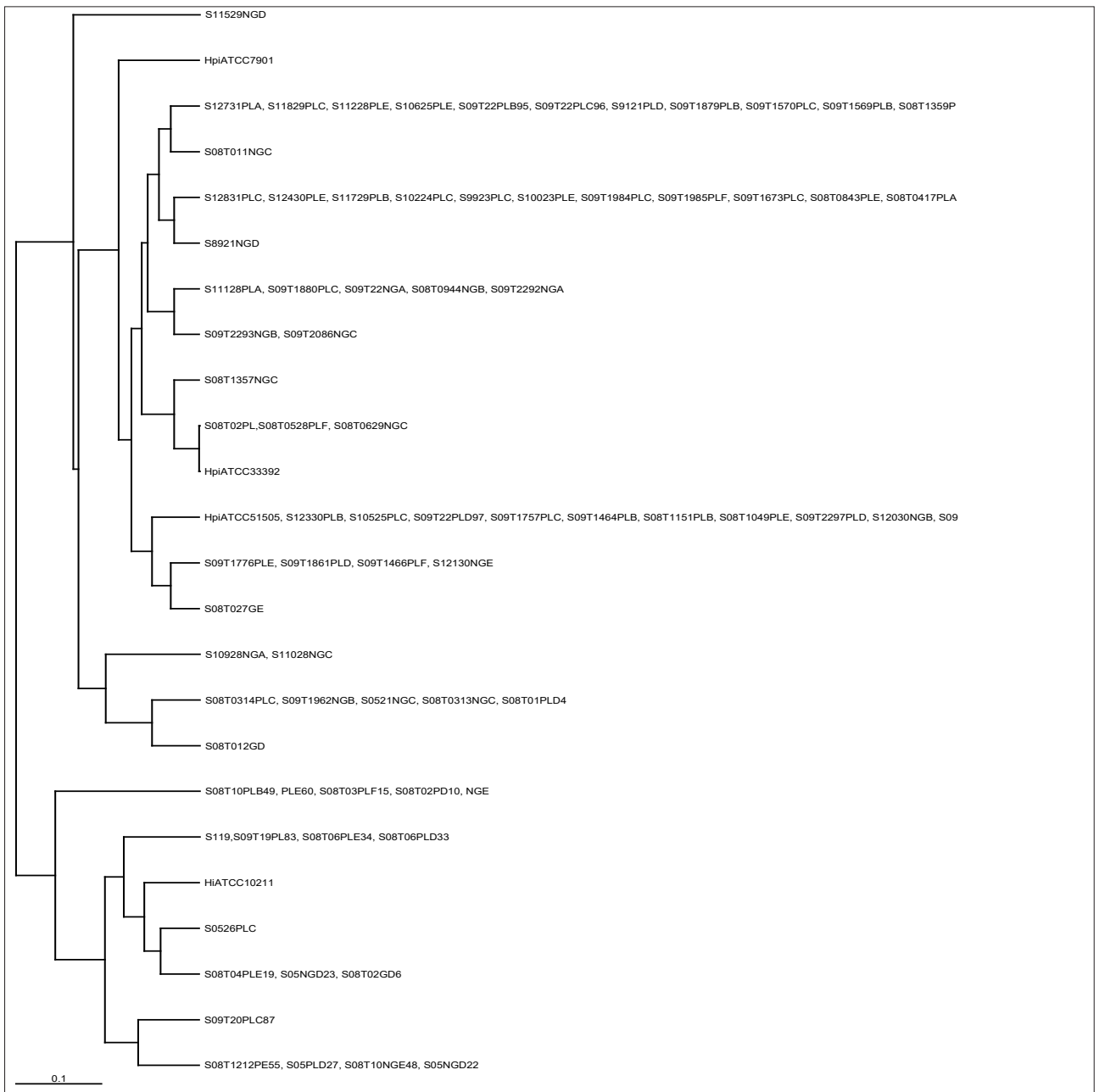
Species	Biotype	Isolates selected from healthy people			Isolates selected from patients with								
		children in preschool age	children in school age	adults	sarcoidosis (n=178)		lung cancer (n=15)	viral hepatitis C (n=37)	cystic fibrosis (n=9)		other upper respiratory tract infections (n=157)		
		No. (%) of isolates											
		throat			nasopharynx	throat	sputum	throat	throat	throat	sputum	throat	nasopharynx
<i>Haemophilus influenzae</i> (n=260)		n=93	n=5	n=35	n=8	n=2	n=25	n=3	n=0	n=2	n=1	n=10	n=76
	I	2 (2.2)	-	2 (5.7)	-	-	-	-	-	-	-	-	19 (25.0)
	II	40 (43.0)	2 (40.0)	10 (28.6)	2 (25.0)	2 (100)	5 (20.0)	2 (66.7)	-	1 (50.0)	-	4 (40.0)	24 (31.6)
	III	33 (35.5)	3 (60.0)	13 (37.1)	4 (50.0)	-	12 (48.0)	1 (33.3)	-	-	-	4 (40.0)	22 (28.9)
	IV	4 (4.3)	-	-	-	-	-	-	-	1 (50.0)	1 (100)	1 (10.0)	-
	V	4 (4.3)	-	1 (2.9)	-	-	-	-	-	-	-	-	8 (10.5)
	VI	-	-	1 (2.9)	-	-	-	-	-	-	-	-	-
	VII	5 (5.4)	-	1 (2.9)	-	-	-	-	-	-	-	1 (10.0)	3 (3.8)
VIII	5 (5.4)	-	7 (20.0)	2	-	8 (32.0)	-	-	-	-	-	-	
<i>Haemophilus parainfluenzae</i> (n=633)		n=84	n=73	n=207	n=63	n=8	n=72	n=12	n=37	n=4	n=2	n=51	n=20
	I	23 (27.4)	32 (43.8)	95 (45.9)	35 (55.5)	4 (50.0)	53 (73.6)	6 (50.0)	28 (75.7)	2 (50.0)	2 (100)	16 (31.4)	5 (25.0)
	II	26 (30.9)	23 (31.5)	55 (26.6)	17 (26.9)	2 (25.0)	16 (22.2)	3 (25.0)	6 (16.2)	1 (25.0)	-	22 (43.1)	7 (35.0)
	III	17 (20.2)	7 (9.6)	24 (11.6)	8 (12.7)	2 (25.0)	2 (2.8)	1 (8.3)	-	1 (25.0)	-	6 (11.8)	5 (25.0)
	IV	9 (10.7)	10 (13.7)	6 (2.9)	1 (1.6)	-	-	1 (8.3)	3 (8.1)	-	-	4 (7.8)	2 (10.0)
	V	3 (3.6)	1 (1.4)	18 (8.7)	-	-	-	-	-	-	-	1 (1.96)	-
	VI	2 (2.4)	-	4 (1.9)	2 (3.2)	-	-	1 (8.3)	-	-	-	1 (1.96)	1 (5.0)
	VII	3 (3.6)	-	1(0.5)	-	-	1 (1.4)	-	-	-	-	1 (1.96)	-
VIII	1 (1.2)	-	4 (1.9)	-	-	-	-	-	-	-	-	-	



**Figure 6.** Distribution of beta-lactamase positive *Haemophilus influenzae* and *Haemophilus parainfluenzae* isolates taken from children and adults

### 1.4 Phenotypic diversity between isolates based on biochemical characteristics

On the basis of biochemical characteristics, cluster analysis using the UPGMA method was performed for selected isolates. Four ATCC *Haemophilus* spp. strains were used as a reference group, and two phenograms were constructed. These reveal the diversity of *H. influenzae* and *H. parainfluenzae* phenotypes among isolates taken from adults with sarcoidosis and children with recurrent respiratory tract infections. As shown in Figures 7 and 8, two separate clusters were distinguished: the first of *H. influenzae* isolates and the second of *H. parainfluenzae*. Both clusters were divided further into at least 3 different groups. The Dice coefficient was used to compare a set of biochemical characters, and this revealed *H. influenzae* ATCC 10211 clustered



Abbreviations:  
Hpi - *Haemophilus parainfluenzae*; Hi - *Haemophilus influenzae*

**Figure 7.** Phenogram of *Haemophilus influenzae* isolates discerned through applying the Dice coefficient on biochemical identification results

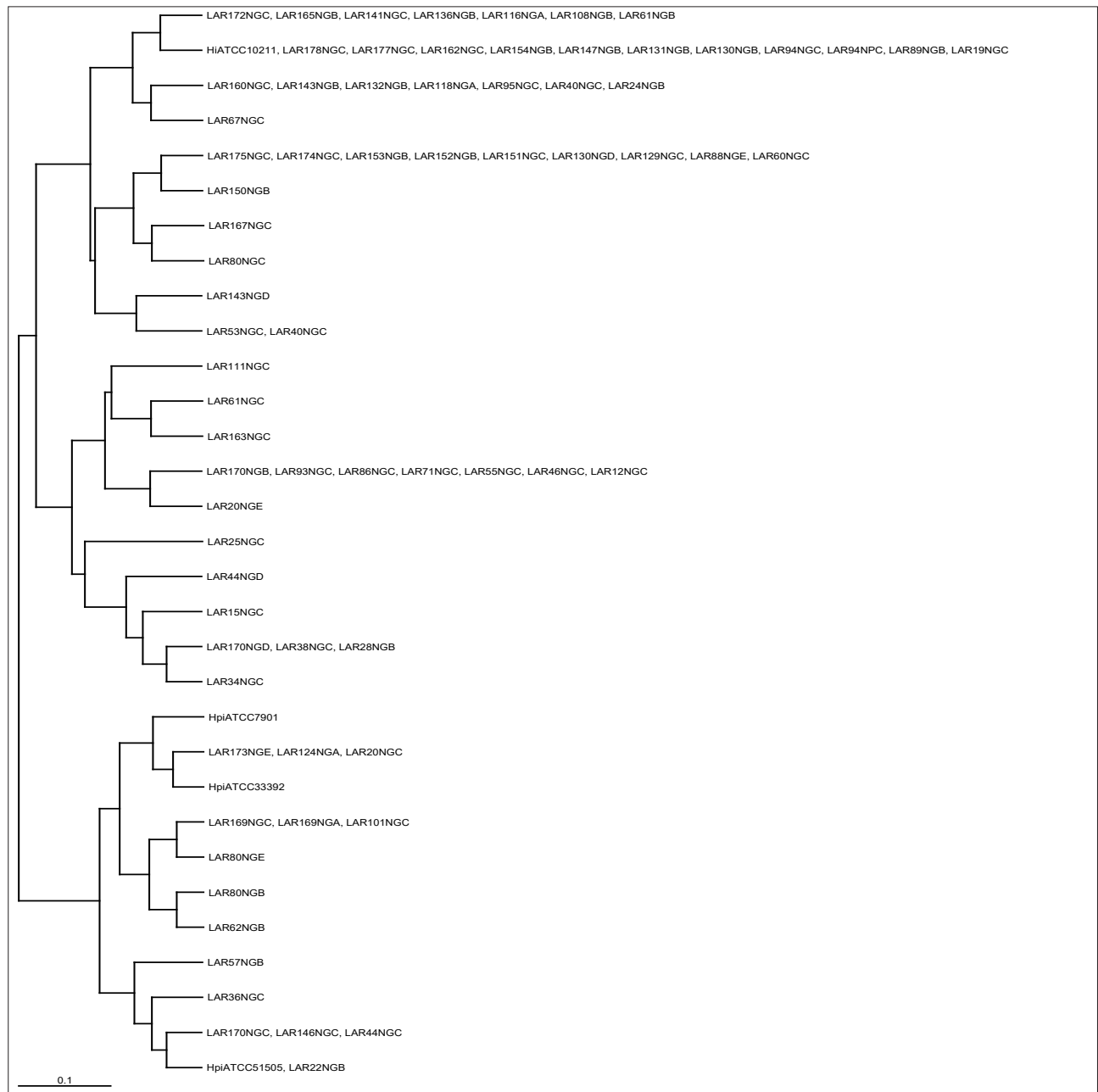
within other *H. influenzae* isolates taken from patients, as well as three *H. parainfluenzae* reference strains (ATCC 7901, ATCC 33392, ATCC 51505) within other *H. parainfluenzae* isolates.

**DISCUSSION**

During our study, a diversity of 1025 *Haemophilus* spp. isolates taken from people either of a different age or of diverse health conditions was determined using biochemical characteristics and antimicrobial phenotypes. Our work revealed that among isolates derived both from children and adults, *H. parainfluenzae* was identified with the greatest frequency. Accordingly, of the 87% of all isolates which were positively identified using the biochemical method, 25% of the total were *H. influenzae* and 62% of the total were

*H. parainfluenzae*. However, a routinely used culture-dependent biochemical identification test of haemophili failed in 13% of all cases, especially where isolates representing abnormal numerical profiles were misidentified. Of note: some isolates were not identifiable at all by this method.

Of the positively identified, *H. influenzae* was characterized more frequently among isolates taken from nasopharyngeal swabs and it was more common in specimens taken from children, whether healthy (especially when of preschool age) or unhealthy, in comparison to those taken from adults. In contrast, *H. parainfluenzae* was significantly more common within isolates taken from pharyngeal (e.g. both from healthy and unhealthy children) and sputum samples. A frequency of *H. parainfluenzae* increased between isolates taken from children in preschool age, through isolates



Abbreviations:  
Hpi - *Haemophilus parainfluenzae*; Hi - *Haemophilus influenzae*

**Figure 8.** Phenogram of *Haemophilus parainfluenzae* isolates revealed through applying the Dice coefficient on biochemical identification results

obtained from school age children, to become the highest proportionally in the group of isolates taken from adults.

To detect whether the employed biochemical identification method was correct and reliable, two phenograms were generated for selected *H. influenzae* and *H. parainfluenzae* isolates obtained from adults with sarcoidosis and from children with upper respiratory tract infections. In both phenograms, two separate clusters of *H. influenzae* and *H. parainfluenzae* could be distinguished. These were divided further into at least 3 different groups. All clusters were characterized by their high diversity. Our cluster analysis confirmed that the biochemical identification was made properly and that it correctly defined the species of haemophilii isolates.

Many authors claim that biochemical identification is an accurate and reliable method for the clinically routine identification of haemophilii, for the biotyping of *Haemophilus* spp. and for the detection of beta-lactamases-producing isolates [2,33]. Our results are in accordance to others which put forward that biochemical methods usually failed in 1-10% of cases [12]. In spite of the compatibility of our biochemical characterization with a supplied table of positive reactions, to verify and exclude some uncertain results, the MALDI-TOF MS method was also used. This is not a routinely applied technique in bacterial diagnostics. Nevertheless, it had crucial advantages: allowing identification directly from culture plates within minutes, being procedurally simple, having low-sample volume requirements and needing no expensive reagents or high accuracy. Literature states that the MALDI-TOF MS can be a useful tool in the diagnostics of microorganisms rarely isolated or found problematic in routine diagnostics [26,28]. Moreover, it has been successfully adapted to *Pasteurellaceae* and *Haemophilus* spp. identification [5,8,13,29].

Our results are consistent with literature reports stating that *H. parainfluenzae* is a significant pathogen associated with various invasive infections [2,11,40,41,52]. Moreover, in our work, a strong predominance of *H. influenzae* in isolates taken from pharyngeal swabs of healthy children was observed (with approximately 76-89% frequency), while *H. parainfluenzae* occurred more rarely [31,52]. However, in nasal samples from healthy kindergarten children in China, *H. influenzae* was a less common pathogen [40].

According to our results, both *H. influenzae* and *H. parainfluenzae* showed similar saccharides fermentation abilities. Still, glucose and fructose fermentation were observed as basic carbon sources in all strains. Other sugars (fructose, maltose, saccharose) were used more frequently by *H. parainfluenzae*.

A strongly distinguishing characteristic is that both haemophilii species vary in enzyme activity. About 70% of all *H. parainfluenzae* and all *H. influenzae* isolates secreted the alkaline phosphatase, while a secretion of urease was strongly dominant in *H. influenzae*. In addition, ornithine decarboxylase activity was observed in the most *H. parainfluenzae* isolates, and  $\beta$ -galactosidase activity was disclosed in 39% of all *H. parainfluenzae*, while *H. influenzae* strains were not able to synthesize this.

The relationship between biotype and origin (type of diagnostic material) of isolates were also examined in this

study. In general, a significant predominance of biotypes II-III in *H. influenzae* was identified from taken isolates, regardless of the patient's age, type of specimen and health status. Among *H. influenzae* isolates obtained from the sputum of patients with sarcoidosis, biotype III and VIII occurred the most frequently.

Our results were in agreement with publications stating a dominance of biotype I over biotype II among *H. influenzae* strains [2,33,54]. In our work, biotyping according to a scheme devised by Kilian [19] resulted in seeing the predominance of *H. influenzae* biotype I, followed by biotypes II and III, respectively [2]. Recently, a distinct predominance of *H. influenzae* biotypes I and II was also observed by Uraz et al. [52]. There were, as well, various prior-mentioned studies noting a predominance of *H. influenzae* biotype I in situations of acute infection, such as salpingitis or pneumonia. This may be due to the biotype holding a specific affinity to the ciliated epithelium cells [43,47]. This biotype was also sometimes seen as being associated with severe meningitis or cystic fibrosis, in children [1,44], and, generally, with other invasive infection situations [16] induced by *H. influenzae* (such as sepsis or meningitidis) [54].

Our study was also in agreement with a study involving *H. influenzae* isolates collected from patients with cystic fibrosis. Herein, biotype I dominated with >80% frequency, whereas in a group of patients with respiratory infections and in a control group, biotype II was the most common [54]. Still, different results were obtained by Munson and Doern [33]. In their study, 208 *H. influenzae* isolates were collected from people with haemophilii-dependent infections, and most were biotype II, followed by biotypes III and I. Other researchers put forward that upper respiratory tract-associated *H. influenzae* isolates usually belong to biotypes II and III and are a part of normal throat microbiome, or, at the same time, are an etiologic factor of a variable number of infections e.g.: sinusitis, otitis media, acute and chronic exacerbations of lower respiratory tract infection, as well as acute or chronic conjunctivitis [1, 34, 47]. In the most described cases of *Haemophilus* spp.-induced infections, *H. influenzae* biotype II was the most frequent, and most of the non-typeable *H. influenzae* (NTHi) isolates belonged into biotypes II-VI. In turn, *H. influenzae* biotype V was commonly isolated from ear infections [47]. Other biotypes were less common, however, a strong predominance of one of the *Haemophilus* spp. biotypes is probably still geographically-dependent [49]. Additionally, it is suggested that the presence of the NTHi biotype IV could be related to mother-infant complicated genital infections. This is because *H. influenzae* and *H. parainfluenzae* were thought to present specific morphology and protein patterns (a peritrichous fimbriation and a very peculiar homogeneous unique outer membrane pattern) [53]. However, in further work, this notion has been discarded, as no such a correlation was found [16].

In our study, we saw that *H. parainfluenzae* biotypes I-II were dominant among isolates taken from healthy and unhealthy people regardless of the age of these persons. This result is in agreement with many earlier reports [37,50,30,40]. Furthermore, we observed a greater *H. parainfluenzae* biotypes diversity (I-VIII) within isolates taken



from pharyngeal specimens. Moreover, among pharyngeal isolates taken from patients with sarcoidosis, biotype II dominated.

In contrast to our studies, a strong predominance of biotype III *H. parainfluenzae* isolates was observed by Uraz et al. [52]. According to their results, about 13-15% of all tested *H. parainfluenzae* isolates belonged to biotypes V and III, while other biotypes were represented by at least 5 isolates [33]. Other researchers reported *H. parainfluenzae* biotype I isolates in sputum samples taken from adult patients >50 years old, as well as from children <1 year of age [37]. What is more, biotypes II and III were identified more frequently in persons 1-5 years old and from >20 years of age [37], and are considered by some researchers as the possible causal agents of continuous ambulatory peritoneal dialysis (CAPD) peritonitis [3].

Biotype II is also reported as a cause of acute episodes of bronchitis, while biotype III brings about chronic bronchitis [50]. Biotypes III, IV, VI- VIII are still observed less frequently. Through identified as *H. influenzae* and *H. parainfluenzae* isolates, biotypes VI-VIII appeared very rarely. This confirms actual biotypes prevalence, yet it is in disagreement with a study conducted on patients with various *Haemophilus* spp. infections. In this, both *H. influenzae* and *H. parainfluenzae* were isolated in a similar way [33].

Our results showed that about 5% of all haemophili isolates (both *H. influenzae* and *H. parainfluenzae*) are able to produce a beta-lactamase. In our work, we saw that beta-lactamase-positive haemophili occurred more frequently among isolates taken from adults than from children. Furthermore, the majority of beta-lactamase-producing *H. parainfluenzae* strains were isolated from unhealthy adults (e.g. from patients with sarcoidosis, viral hepatitis C or upper respiratory tract infections). Moreover, *H. influenzae* beta-lactamase producers included the isolates from children with respiratory infections and the isolate from an adult person with a respiratory tract disease.

The data presented in our study are in general agreement with reports from the 1980's wherein beta-lactamase-positive *H. influenzae* and *H. parainfluenzae* were identified with a similar frequency of about 5.6-9.5% [31,51]. The increasing emergence and spread of haemophili resistance has become a distinct problem [10]. The primary mechanism of *H. influenzae* resistance to beta-lactam antibiotics is the production of beta-lactamases. This mechanism results in a resistance to aminopenicillins (ampicillin, amoxicillin) without a loss of the sensitivity for combination inhibitor therapy (amoxicillin-clavulanic acid) [10,11]. The prevalence of beta-lactamase-positive strains isolated from respiratory tract infections and asymptomatic colonizers vary from a few to several tens of percent in the various European countries [10,11,15,48].

A strong relationship between beta-lactamase production and biotype has also been repeatedly observed, and in determining beta-lactamase production, our results were mostly in agreement with the cefinase test for *Haemophilus* spp. strains [2]. Still, while biotype I is most commonly found in *H. influenzae* isolates, the majority of beta-lactamase positive isolates are of biotype V isolates [54]. However, strong differences in beta-lactamase production has been

noted among *H. parainfluenzae* isolates, and such mechanism of antimicrobial resistance has been seen as more common in biotype I and II isolates [54]. Indeed, beta-lactamase-positive *H. parainfluenzae* isolates were identified twice more than from *H. influenzae*. This situation confirms the hypothesis that *H. parainfluenzae* is a reservoir of resistance genes within the *Haemophilus* genus [10,11,51].

In summary, In our study, a great diversity of groups of *Haemophilus* spp. isolates from various clinical specimens were determined and analyzed. The obtained data has led us to conclude that the derived biochemical features and biotyping of human-restricted haemophili isolates were performed properly on the basis of the chosen biochemical method. In our study, *H. influenzae* and *H. parainfluenzae* were positively identified and isolated the most frequently. The data generated has revealed that both *Haemophilus* species have evolved, as distinct qualitative changes in biotypes distribution were observed. Furthermore, our study shows that biotype II and III predominated within *H. influenzae* isolates, while, in contrast, biotypes I and II predominated within *H. parainfluenzae* isolates. Such trend was found regardless of the patient's age, health status or type of specimen. Additionally, in 5% of all obtained isolates of both species of haemophili, the production of beta-lactamases was observed. On the basis of literature data and our study results, we conclude that the strong prevalence of *H. parainfluenzae* needs to be monitored due to its high and still increasing prevalence, its distinct changes in biotype distribution, its strong morphological and biochemical similarity to *H. influenzae* and its possibility of being a reservoir of resistance genes.

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